

# ENCOURAGED AND BUILT UP

A Carmel teen shared his story of the impact his dad's *Journey Men's Group* has had on both their lives...

*I'm glad my dad is part of a men's group. While I don't go with him each week, I know I can, even as a teenager. The group, it turns out, wasn't just for my dad...it was for me, too.*

*You see, a few months ago my parents found out I had been looking at porn. To be honest, neither of them knew exactly how to react. I think my parents were very hurt and I'm sure mad. I was ashamed and clueless what to do next. I was wondering if I would ever be trusted or looked at the same, especially by my mom.*

*I am thankful that my dad could talk to the men in his small group about it. He could sort through his emotions and get wise counsel from others. The men in the group are praying for me and one of the men has begun mentoring me. My mentor, and dad's Journey group member, has also helped me be more transparent with my family by encouraging me to get and share a Covenant*



**Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you.**

**- 2 Corinthians 13:11**

Eyes account with him and my parents. I am also learning how important it is to model God's view of women to my sisters and their friends.

My dad even went "backwards" with me in technology to show me it would be ok not to have the latest device and it helps because those places I shouldn't go are no longer just a click away. I actually feel closer and more real with my parents (and God, too).

I have always heard how important it is not to do life on your own...and now I understand why. I am glad my dad doesn't try to do it alone either because the men he meets with are men we can both trust and talk to openly. I am grateful I'm able to be a part of their group sometimes, rather than trying to figure things out alone. They point me to God and are helping me learn to be the kind of person I want to be.

**But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.**

- Hebrews 3:13

## Don't Do Life Alone



If you are interested in joining a Men's Journey Group this fall, contact Jim Hughes, Men's Ministry Director at [jimh@carmelbaptist.org](mailto:jimh@carmelbaptist.org).

# Our God is the Lord Who Heals!

Gather with others in the same season or struggle of life for study, prayer and encouragement.



**More Than Conquerors** is a group of men fighting the addictive cycle of false intimacy & battling sexual sin from a Biblical perspective. To learn more, confidentially contact [conquerors@carmelbaptist.org](mailto:conquerors@carmelbaptist.org).



**Women Living Well** is a confidential, Christ-centered caring community for women engaged or married to men battling sexual addiction. To learn more, confidentially contact [womenlivingwell@carmelbaptist.org](mailto:womenlivingwell@carmelbaptist.org).



Carmel is committed to making disciples of those Nearest, our Neighbors and the Nations.

1145 Pineville-Matthews Road / Matthews, NC 28105 / 704.847.8575 / [carmelbaptist.org](http://carmelbaptist.org)