March 17, 2020

We know that there’s widespread concern in our community about the Coronavirus Disease 2019 (COVID-19), and we want you to know that your health is our top priority at Carmel Counseling Center and we have taken the following precautions:

- Carmel Counseling Center has contracted with a professional cleaner to disinfect the entire counseling center at the end of every work day with a hospital EPA-grade disinfectant and (OSHA) Occupational Safety and Health Administration approved cleaner.
- After each session the counselor will clean all surfaces with disinfectant:
  - Play Therapy Room–The counselor will disinfect all toys used after each therapy session.
  - Experiential Room–for teens and adults–The counselor will disinfect all items used after each therapy session.
  - Individual Counseling Rooms–The counselor will clean all surfaces with disinfectant.

If you’re exhibiting symptoms of respiratory illness, we urge you to stay home, take care of yourself, and seek medical help when appropriate. If you feel nervous about coming into our counseling center, please reach out to us to set up a telehealth session by emailing us at counselinginquiry@carmelbaptist.org. If you're interested, let us know and we can make the necessary arrangements.

Telehealth is done through audio and video over the internet. One can meet their counselor for a session on their desktop, laptop, tablet, or mobile device.
Telehealth allows you to conveniently connect anywhere and provides secure and HIPAA compliant privacy. During this season of health concerns regarding COVID-19 online sessions can provide safety for you and your loved ones.

If you have any questions, please let us know.

Best Regards,

The Carmel Counseling Center Staff